Cage KinetiCore How to change the cheek pads











- 1. The Cage KinetiCore helmet comes with a set of thinner spare cheek padding in the box.
- 2. These can be exchanged with the standard thick cheek pads to adjust the fit of the helmet according to the rider's comfort preferences.
- 3. The cheek pads are attached to the helmet via 3 mushroom mounts.



- 4. To remove each pad, grab it and pull it away from the helmet until the mushroom mount pops out of it's basket.
- 5. Repeat this for each mushroom basket, then repeat on the other side.
- 6. To install the thinner cheek pads, align the mushroom with the mushroom baskets and firmly push them in.
- 7. Ensure all 3 mushroom mounts are securely connected, then repeat on the other side.
- 8. Thick pads give a more secure and tighter fit for a more confident feeling.
- 9. Thinner pads allow more ventilation and an open feeling when the helmet is being worn.
- 10. Additional spare padding sets are available through your local distributor based on availability.



